



MRC Mini-Magnet

Weekly Update—July 30, 2007

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Alexanne Stone—Coordinator

Note from Alexanne: I'm back from vacation and feeling refreshed. I hope each of you have an opportunity to enjoy your family and friends and some leisure time this summer! I just wanted to let you know how much I appreciate each of you and your dedication to the Kent County MRC! You truly are the best of the best. Thank you for all you do for your community!



BRAVO Chief Sehlmeier!

Grand Rapids Fire Department Battalion Chief Kevin Sehlmeier taught Education Methodology to the AWLS Instructors at the Grattan Fire Department on Saturday, July 21st. The class focused on methods to ensure that a student is trained and not just given information. We laughingly talked about “Death by PowerPoint” which is where the presenter just reads the slides to the audience. We learned new bonding techniques to bring the students together quickly and to give the Instructor information about each student’s background so she/he can elicit their

knowledge during the presentation.

Interestingly when a presentation is given, the Loss of Knowledge is:

- a. Immediate loss of 50% of what we hear
- b. 75% after 2 months
- c. 95% after 12 months

Students retain 90% of what they learn if they See, Hear and Do. The practical sessions in the AWLS training will enable the retention to increase rather than just being limited to presentation. We also learned that “No one has taught until someone has learned and no one has learned until change takes place.”

Thanks for this valuable training Chief Sehlmeier!



AWLS Is Coming... very SOON!

Advanced Wilderness Life Support Training is in West Michigan on September 14-16, 2007! Everything you ever wanted to know about the AWLS class can be found on the front page of our website—www.KentCountyMRC.org Click on the [AWLS link](#) to print the promotional flyer—or let [Alexanne](#) know how many copies you need.



Continued...

Hardy and Croton Dam Evacuation—FULL SCALE EXERCISE

THIS Saturday, August 4, 2007

Let [Alexanne](#) know if you want to play!



Exercise Time: Setup / briefing time 9:00 am – 10:00 am @ Big Prairie Fire Department on Elm Street and Dr. M. K. Conklin Park at the corner of Croton Hardy Drive and Elm Avenue near the Croton Fire Station.

Play time: 10:00 am – ? pm. Lunch will be provided by the Red Cross at both Staging Locations in Big Prairie and Croton Townships.

Player information – All responders and volunteers must check in and out at Big Prairie Fire Department or Dr. M. K. Conklin Park in Croton. For specific staging location, please contact emergency services. All players must wear some form of identification (department badge, uniform, or shirt) at all times during the exercise. Emergency First Responders and volunteers will be going door to door to over 600 residences to test the Muskegon River Evacuation Territories plan and disseminate informational packets. Red Cross will be feeding all participants at both staging areas in Croton and Big Prairie.



Thurs. August 16, 2007

6:00 pm - 8:00 pm

VOLUNTEER MONTHLY TRAINING & MRC UPDATE MEETING - . Hour 1 is information pertinent to you as a medical professional. Followed by MRC Update meeting from 7-8pm. All are encouraged to attend.

Saturday September 8, 2007

10:15 Start time

PATRIOT DAY PARADE -

Downtown Grand Rapids. Please block this date on your calendar and bring your family and friends. We'll give free t-shirts to all PREREGISTERED participants who don't already have one. (When you let Alexanne know who is coming, please provide name, male or female, and shirt size - includes kids!)



Meet New MRC Volunteers—Jennie & Vernon Goss -

Vernon and Jennie both wanted to join MRC to better themselves and their community. Jennie is 27 years old and an EMT-B and Vernon is a 30 year old, recently retired Navy Corpsman with combat medic and psychological training. They both love the medical field and all the crazy things they get to do! They were recently married on June 16, 2007 and were just blessed with their first child, Aurora Joy! They also love helping in saving money for medical goods and also in fundraising, so if ever there a need, they're ready to pitch in!

